

Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
<i>Snack</i> Apple and grapes	<i>Snack</i> Orange and pear	<i>Snack</i> Pineapple and banana	<i>Snack</i> Banana and satsuma	<i>Snack</i> Melon and apple
<i>Lunch</i> Red lentil and vegetable casserole with Yorkshire puddings	<i>Lunch</i> Mac and cheese pasta served with cauliflower & broccoli	<i>Lunch</i> Cottage pie made with minced beef, onions, carrots, and parsnip topped with mashed potatoes	<i>Lunch</i> Coconut chicken curry made with onions, cauliflower, sweet potato with coconut cream served with rice	<i>Lunch</i> Fish fingers , potato bites, peas & sweetcorn
<i>Pudding</i> Artic roll	<i>Pudding</i> Natural yoghurt with mango	<i>Pudding</i> Banana loaf	<i>Pudding</i> Fromage frais	<i>Pudding</i> Jam and coconut sponge with custard
<i>Snack</i> Crackers with garlic and herb spread	<i>Snack</i> Rice cakes	<i>Snack</i> Digestive biscuit and milk	<i>Snack</i> Breadsticks and soft cheese	<i>Snack</i> Watermelon
<i>Tea</i> Chicken nuggets , alphabet potato bites & beans	<i>Tea</i> Margarita Pizza	<i>Tea</i> Picnic tea - crackers , veg sticks, cheese , apples	<i>Tea</i> Garlic, tomato & cheese slices	<i>Tea</i> Salmon paste sandwiches with cucumber sticks

ALL POTENTIAL ALLERGENS ARE HIGHLIGHTED IN BOLD

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Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
<i>Snack</i> Banana and grapes	<i>Snack</i> Apple and banana	<i>Snack</i> Melon and orange	<i>Snack</i> Pear and Pineapple	<i>Snack</i> Satsumas and apple
<i>Lunch</i> Tuna pasta bake with with peas and broccoli with crunchy cheesy topping	<i>Lunch</i> Chicken pieces with grated courgette, sweetcorn, carrots and sweet potato with Yorkshire puddings	<i>Lunch</i> Vegetarian chilli with onions, peppers, mixed beans served with rice	<i>Lunch</i> Spaghetti bolognaise made with beef with onions, tomatoes, celery , mushrooms and garlic	<i>Lunch</i> Chicken, potato & cauliflower curry served with rice & Naan
<i>Pudding</i> Angel delight	<i>Pudding</i> Fromage frais	<i>Pudding</i> Frozen grapes	<i>Pudding</i> Bananas and Greek yogurt	<i>Pudding</i> Choc-chip cake
<i>Snack</i> Carrot and pepper sticks	<i>Snack</i> Breadsticks and soft cheese	<i>Snack</i> Digestive biscuit and milk	<i>Snack</i> Crackers with marmite	<i>Snack</i> Rice cakes
<i>Tea</i> Diarylea sandwiches	<i>Tea</i> Pitta with vegetable sticks and dip	<i>Tea</i> Fish finger wraps	<i>Tea</i> Crumpets	<i>Tea</i> Toasted cheesy fingers

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Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
<i>Snack</i> Pineapple and banana	<i>Snack</i> Orange and pear	<i>Snack</i> Apple and grapes	<i>Snack</i> Banana and orange	<i>Snack</i> Melon and grapes
<i>Lunch</i> Tomato & cheese Mediterranean pasta bake	<i>Lunch</i> Moroccan chicken spiced with cumin and coriander with onion garlic, raisins and peaches served with cous cous	<i>Lunch</i> Three bean cassoulet made with peppers, courgette, carrots and onion served with roast potatoes	<i>Lunch</i> Quorn sausages, mashed potato and vegetables served with gravy	<i>Lunch</i> Chicken Pilaf with onions, peppers and courgette
<i>Pudding</i> Natural yoghurt with mango	<i>Pudding</i> Chocolate sponge and custard	<i>Pudding</i> Bananas and Greek yoghurt	<i>Pudding</i> Angel delight	<i>Pudding</i> Fruit crumble and custard
<i>Snack</i> Crackers with cheese and chive spread	<i>Snack</i> Rice cake	<i>Snack</i> Digestive biscuit and milk	<i>Snack</i> Breadsticks and soft cheese	<i>Snack</i> Fruit salad
<i>Tea</i> Toasted teacakes	<i>Tea</i> Picnic tea - crackers , veg sticks, cheese , apples	<i>Tea</i> Margarita Pizza	<i>Tea</i> Egg mayo sandwiches	<i>Tea</i> Cheese on toast

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