

Week 1				
Monday	Tuesday	Wednesday	Thursday	Friday
<i>Snack</i> Apple and banana	<i>Snack</i> Orange and pear	<i>Snack</i> Pineapple and satsumas	<i>Snack</i> Banana and grapes	<i>Snack</i> Melon and satsuma
<i>Lunch</i> Red lentil and vegetable casserole with mini roast potatoes	<i>Lunch</i> Chicken arrabiata, penne <b>pasta</b> with tomatoes, peppers, garlic and a hint of chilli	<i>Lunch</i> Shepherds pie made with minced beef, onions, carrots, and parsnip topped with <b>mashed potatoes</b>	<i>Lunch</i> Chicken casserole with leek, peppers and carrots served with <b>Yorkshire puddings</b>	<i>Lunch</i> Tuna <b>pasta</b> bake with crunchy <b>cheesy</b> topping
<i>Pudding</i> Natural <b>yoghurt</b> with pureed berries	<i>Pudding</i> <b>Banana bread</b>	<i>Pudding</i> Natural <b>yoghurt</b> with mango	<i>Pudding</i> <b>Artic roll</b>	<i>Pudding</i> Frozen grapes
<i>Snack</i> <b>Toast</b> and marmite	<i>Snack</i> <b>Crackers</b> with <b>garlic</b> and <b>herb</b> spread	<i>Snack</i> <b>Breadsticks</b> and <b>soft cheese</b>	<i>Snack</i> Rice cakes	<i>Snack</i> Digestive <b>biscuit</b> and <b>milk</b>
<i>Tea</i> Potato waffles with baked beans	<i>Tea</i> <b>Cheese</b> on <b>toast</b>	<i>Tea</i> Butternut squash and sweet potato soup with <b>bread</b>	<i>Tea</i> <b>Margarita pizza</b>	<i>Tea</i> <b>Cheese bagels</b> <b>Fromage frais</b>

ALL POTENTIAL ALLERGENS ARE HIGHLIGHTED IN BOLD

Week 2				
Monday	Tuesday	Wednesday	Thursday	Friday
<i>Snack</i> Orange and grapes	<i>Snack</i> Apple and banana	<i>Snack</i> Melon and orange	<i>Snack</i> Banana and grapes	<i>Snack</i> Pineapple and pear
<i>Lunch</i> Vegetable and chick pea coconut curry with served with rice	<i>Lunch</i> Chicken with grated courgette, sweetcorn, carrots and peas with <b>Yorkshire puddings</b>	<i>Lunch</i> Moroccan chicken spiced with cumin and coriander with onion, garlic, raisins and peaches served with cous cous	<i>Lunch</i> <b>Spaghetti</b> bolognaise made with beef with onions, tomatoes, <b>celery</b> , mushrooms and garlic	<i>Lunch</i> Quorn sausage casserole with <b>creamed potatoes</b> served with mixed vegetables
<i>Pudding</i> <b>Angel delight</b>	<i>Pudding</i> <b>Raspberry muffins</b>	<i>Pudding</i> Frozen grapes	<i>Pudding</i> Eves pudding with apple and <b>custard</b>	<i>Pudding</i> Bananas and <b>natural yogurt</b>
<i>Snack</i> <b>Breadsticks</b> and <b>soft cheese</b>	<i>Snack</i> Rice cakes	<i>Snack</i> Digestive <b>biscuit</b> and <b>milk</b>	<i>Snack</i> <b>Crackers</b> with marmite	<i>Snack</i> Rice cakes
<i>Tea</i> Vegetable soup	<i>Tea</i> <b>Cheese</b> and <b>broccoli pasta</b>	<i>Tea</i> Hoops on <b>toast</b>	<i>Tea</i> Garlic <b>pizza fingers</b>	<i>Tea</i> <b>Scampi</b> and potato bites

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Week 3				
Monday	Tuesday	Wednesday	Thursday	Friday
<i>Snack</i> Pineapple and banana	<i>Snack</i> Orange and pear	<i>Snack</i> Apple and grapes	<i>Snack</i> Banana and orange	<i>Snack</i> Melon and grapes
<i>Lunch</i> <b>Pasta</b> with hidden vegetables served with <b>garlic bread</b>	<i>Lunch</i> Fruity lamb curry with apricots and raisins, onions and carrots served with rice	<i>Lunch</i> Beef chilli with onions, kidney beans, mushrooms and tomatoes, served with rice	<i>Lunch</i> Chicken cacciatore with onions, peppers, tomatoes, olives and courgette served with bulgar <b>wheat</b>	<i>Lunch</i> Sweet potato and squash casserole with onions, tomatoes, and carrots served with cous cous
<i>Pudding</i> Natural <b>yoghurt</b> with mango	<i>Pudding</i> <b>Angel delight</b>	<i>Pudding</i> Fruit <b>crumble</b> and <b>custard</b>	<i>Pudding</i> Frozen grapes	<i>Pudding</i> Natural <b>yoghurt</b> with banana
<i>Snack</i> <b>Breadsticks</b> and <b>soft cheese</b>	<i>Snack</i> Vegetable sticks	<i>Snack</i> <b>Crackers</b> with <b>cheese</b> and chive spread	<i>Snack</i> Rice cakes	<i>Snack</i> Fruit salad
<i>Tea</i> Mixed vegetable <b>pizza</b>	<i>Tea</i> <b>Fish</b> finger <b>wraps</b>	<i>Tea</i> Potato waffles and beans	<i>Tea</i> Cauliflower soup with <b>bread</b>	<i>Tea</i> Salmon spread <b>sandwiches</b> with cucumber sticks. <b>Fromage frais</b>

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